

OWLS (Onward Without Limbs)

An introduction to the Oxford user/support group from Gail Wellings:

'We are a support group for amputees. Angela and I initially began a support/user group in High Wycombe in 2002, which is still meeting monthly. She had lost an arm and I am a below knee amputee, so we felt that we at least covered some of the bases. We started in Oxford in 2007, thanks to the support of opcare and the then new NHS Manager, Therese Docherty. They have both been enormously helpful.

We meet each month on the first Monday (unless it is a Bank Holiday, in which case it is the second Monday). Our meetings are from 12noon to 2pm in the First Floor Meeting Room (38F23) of the OCE Building at the Nuffield Orthopaedic Centre.

We are also happy to talk to people before their amputations or when they are in hospital afterwards - something we would have liked ourselves at that time, but there was nothing available.

There are leaflets with all the dates and the contact information in the fitting rooms and at the opcare Reception in the OCE Building.'

OWLS contact information

Gail Wellings: 01494 539021 (lower limb)

Angela Williams: 01296 487943 (upper limb)